

Althea K. Moser M.A., MCHES®

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Education:

- ❖ Graduate Certificate in Public Health
Augusta University
- ❖ Master of Arts in Health Studies (Promotion)
University of Alabama
- ❖ Bachelor of Science in Health and Physical Education
Kennesaw State University

Certifications:

- ❖ Master Certified Health Education Specialist (MCHES®) from the National Commission for Health Education Credentialing Inc.
- ❖ Certified Health Education Specialist (CHES®) from the National Commission for Health Education Credentialing Inc.
- ❖ Educator's Certification from the Georgia Professional Standards Commission
- ❖ American Heart Association BLS Instructor Certification
- ❖ Georgia Assessments for the Certification of Educators (GACE) content areas for Health and Physical Education (Exams 115 and 116)
- ❖ Group Fitness Certification from the National Exercise & Sports Trainers Association (NESTA)

Experience:

- ❖ Georgia Highlands College: Associate Professor, Department of Kinesiology and Wellness
- ❖ Kennesaw State University: Instructor, Department of Health Promotion and Physical Education
- ❖ Teasley Primary School: Health and Physical Education Teacher

Teaching Responsibilities:

- ❖ HSCI 3105 - Health Promotion & Disease Prevention
- ❖ HSCI 3200 - Theories and Behavior in Health Education
- ❖ HSCI 3504 - Drugs, Alcohol and Behavior
- ❖ HSCI 3710 – Health Education
- ❖ HSCI 4205 - Health Promotion and Education Program Planning
- ❖ HSCI 4510 – Current Topics in Health
- ❖ HSCI 4950 - Capstone
- ❖ PHED 1010 – Concepts of Fitness and Health
- ❖ PHED 1020 – Cardiopulmonary Resuscitation
- ❖ PHED 1120 – Weight Training for Men and Women
- ❖ PHED 1130 Fitness Walking and Jogging

Service

- ❖ Quality Matters Certification Representative for HSCI 3105, HSCI 3200, and HSCI 4205
- ❖ Honors Program Faculty Sponsor for PHED 1010, HSCI 3200, and HSCI 4205
- ❖ Welcome to Campus Events
- ❖ School of Health Sciences Orientations
- ❖ Virtual Hub Faculty Adviser for Registration, Orientation/Drop Add
- ❖ Pre-tenure Review Committee/Chair
- ❖ CETL Webinar Presenter
- ❖ CETL Faculty Funding Application Reviewer
- ❖ Health Sciences Chair Search Committee
- ❖ Teen Maze Volunteer
- ❖ Graduation

- ❖ GHC Best Practices in Teaching Symposium Presenter
- ❖ GHC COVID-19 Vaccine Events Volunteer
- ❖ Faculty Mentor for HSCI 3105 and HSCI 3504

- ❖ Student recruitment for the Bachelor of Science in Health Science degree, and additional School of Health Sciences pathways
- ❖ Quest Second Semester Advising and General Advising, Cohort 1
- ❖ #Adulting Series Speaker for Exercise and Stress relief
- ❖ Identification of Georgia Performance Standards for Physical Education and Health linked to the PHED 1010 course for dual enrollment student credit

- ❖ Mentored junior faculty member at orientation (shadow).
- ❖ Represented department/division at the science building opening (Cartersville)
- ❖ SASCOC visit faculty panel interview representative and escort for Paulding
- ❖ Guest speaker at the Woman 2 Woman S.E.X.E.D event about contraceptives & STI/HIV prevention in Douglasville.
- ❖ Volunteered for the Greenhouse Project, Cartersville
- ❖ Provided activity ideas, & equipment (tape measures, scale, bioelectrical impedance measurement units) for “Chicks Night Out” event in Douglasville
- ❖ Successfully negotiated a textbook price with Cengage Learning to accommodate PHED 1010 MOWR students
- ❖ GHC HealthTrails team member. Logged 1044.4 total miles. Ranked 5/121 for GHC & 62/1000 for the all participants
- ❖ Successfully negotiated a contract with American Bodyworks for a new PHED 1120 course offering in Paulding
- ❖ Donations to the GHC Food Pantry
- ❖ Volunteered as a CPR/AED Instructor for Saturday test days
- ❖ Extra participation at Orientations, EBA, drop/add, graduation, Paulding preview day, and GHC holiday events. The only Advisor at Douglasville for the Division of Science & Physical Education (Fall 2018).
- ❖ Donations to the Charger Fund

- ❖ Secured a 10% discount for all students, staff & faculty at Big Peach Running Co. (Kennesaw)

Service Initiatives:

- ❖ **Annual World AIDS Day Event Coordinator, Paulding.**

Free information sessions & HIV testing has been made available to all to GHC students, faculty, staff, and the community through the annual event. Guest speakers & HIV testing materials have been recruited from the AIDS Resource Council and the Georgia Department of Public Health (Northwest Health District). Partnerships through the event have been formed with the AIDS Resource Council, Georgia Department of Public Health, Douglas & Cobb Public Health, and the Paulding County Health Department. Additionally, in an ongoing effort to promote HIV awareness and increase access to care, students have been referred to the partners for testing and to complete HIV extra credit assignments outside of the event. Three hundred and fifty five total participants to-date.

- ❖ **Prevent Cancer Initiative**

Eight posts were made in GHC Inform during the 2019/2020 academic year that corresponded with the type of cancer that was highlighted for that particular month in order to raise awareness and promote preventive action. The messages were also tailored to students, and sent to Student Life for dissemination to the student body to raise the profile of cancer prevention among this population. Promotional materials have been solicited from the Prevent Cancer Foundation[®] for this initiative, and were distributed to all GHC sites.

- ❖ **STI/HIV Initiative**

Working with donations solicited from the Aids Resource Council, the Georgia Department of Public Health (Northwest Health District), and Someone Cares Inc. (SC1), educational materials (both in English & Spanish) & over 1500 condoms were supplied to Student Support Services for free distribution at the Paulding, Douglasville, & Marietta sites.

- ❖ **Dimensions of Wellness for Students Initiative**

In alignment with the GHC Wellness Initiative, participation in blood/plasma drives, GHC events, community service, and fitness events are offered to PHED 1010 and PHED 1130 students as extra credit opportunities each semester. A letter of thanks was received from Blood Assurance for education and advocacy efforts as a result of the initiative. Four hundred and thirty one participants to-date.

Committees:

- ❖ School of Health Sciences Pre-Tenure Review Committee Chair
- ❖ School of Health Sciences APA Format Committee
- ❖ Policies and Procedures Task Force
- ❖ GHC representative for the Kinesiology Regents Academic Advisory Committee (KRAAC)
- ❖ Faculty Handbook Co-Chair
- ❖ Department of Kinesiology & Wellness Chair Search Committee
- ❖ Bachelor of Science in Health Science degree design team member
- ❖ Associate of Science design team member for Exercise Science, Recreation Administration, and Sport Management pathways
- ❖ Assessment Co-facilitator for the Department of Kinesiology and Wellness
- ❖ QEP Action Team

- ❖ QEP Training Development Team
- ❖ Faculty Senate (two consecutive terms, and returned in 2021)
 - ❖ Faculty Evaluation Implementation Team sub-committee
 - ❖ Summer Pay sub-committee
 - ❖ Dean's Summit
- ❖ Division Grant Management Committee
- ❖ SafeZone Initiative

Professional Development:

GHC:

- ❖ FLC Motivation and Mindset Year #2 (CETL)
- ❖ FLC Building Community with Inclusive Online Teaching
- ❖ FLC Service Learning and Community Engagement
- ❖ SVIWL technology and delivery training
- ❖ FLC Motivation and Mindset Summit (CETL)
- ❖ Using Intelligent Agents in D2L Training (CETL)
- ❖ Quest Advising Activity 3 Training (Cohort 1)
- ❖ Applying the Quality Matters Rubric (APPQMR) Training
- ❖ Navigate Training Session
- ❖ Early Bird Advising and Nursing Advising training
- ❖ GHC Accessibility by Design Introduction Training
- ❖ Faculty Academy Y1 & Y2
- ❖ American Heart Association: CPR/AED Instructor Training
- ❖ GHC SafeZone Certification
- ❖ GHC Suicide Prevention Certification

External:

- ❖ The Art & Science of Health Promotion Conference
- ❖ Society of Health and Physical Educators (SHAPE) Virtual National Convention and Expo
- ❖ 2021 Virtual Prevent Cancer Dialogue
Prevent Cancer Foundation
- ❖ What We've Learned Since Marijuana Was Legalized
Illinois Higher Education Center
- ❖ E-Cigs, Vaping, & Marijuana: Emerging Drug Trends in Today's College Students
Illinois Higher Education Center
- ❖ Healthy People 2030 in Your Work
Health Education Partners
- ❖ Social Determinants of Health in Healthy People 2030
Health Education Partners
- ❖ Using Social Marketing for Health Promotion and Health Education Programs (updated)
Health Education Partners
- ❖ The Evidence-Based Physical Activity Guidelines for Americans
Health Education Partners
- ❖ Advocate for Health: Build on the Progress of the ACA (updated)
Health Education Partners
- ❖ Prevent Gun Violence: Public Health Approach & Evidence Based Strategies
Health Education Partners
- ❖ Graduate Certificate in Public Health
Augusta University
- ❖ Using Healthy People to Address Social Determinants of Health and Achieve Health Equity
American Public Health Association
- ❖ 2020 Virtual Prevent Cancer Dialogue
Prevent Cancer Foundation
- ❖ Received certification as a Certified Master Health Education Specialist (MCHES®) exam from the
National Commission for Health Education
- ❖ 2019 Dialogue for Action® on Cancer Screening and Prevention Conference National Conference
Prevent Cancer Foundation (Washington D.C.)

- ❖ Advocate for Health: Build on the Progress of ACA
Health Education Partners
- ❖ Using Social Marketing for Health Promotion and Health Education Programs
Health Education Partners
- ❖ Prevent Gun Violence
Health Education Partners
- ❖ Implement Healthy People 2020
Health Education Partners
- ❖ Principles of Prevention
Centers for Disease Control and Prevention
- ❖ Society of Health and Physical Educators (SHAPE) Convention
(National Conference – Boston M.A.)
- ❖ Measuring Health Disparities (Part 1, 2, 3, & 4) - Office of Public Health Practice, University of Michigan School of Public Health
- ❖ Breaking Barriers: Unpacking the Public Health Implications of Mass Incarceration - Office of Public Health Practice, University of Michigan School of Public Health
- ❖ Community-Based Participatory Research: Leave Your Parachute at home - Office of Public Health Practice, University of Michigan School of Public Health
- ❖ Economic Evaluation of Public Health - Office of Public Health Practice, University of Michigan School of Public Health
- ❖ Media-Smart Youth: Eat, Think and Be Active! - National Institute of Child Health & Human Dev. (NICHD)
- ❖ Online Course Development Workshop - Center for Excellence in Teaching & Learning, Kennesaw State University

Grants Awarded:

- ❖ CETL Faculty Funding Grant Recipient
- ❖ Team member for the successful ALG Continuous Improvement Grant (PHED 1010)
- ❖ Lead Team Member for the successful ALG Mini Grant for Creation of Ancillary Materials for pre-existing OER (PHED 1130).
- ❖ GHC Faculty Grant Scholarship Recipient
- ❖ Lead Team Member for the successful ALG Mini Grant for Creation of Ancillary Materials for pre-existing OER (PHED 1010)

- ❖ Team member for the successful ALG Textbook Transformation Project (PHED 1010 and PHED 1130)

Honors:

- ❖ “Thank the Teacher” certificates
- ❖ SafeZone Certificate of Excellence – for excellence in advocacy and education as a SafeZone Ally. Featured in the Spring/Summer 2017 Highlander magazine.

Professional Organizations:

- ❖ National Commission for Health Education Credentialing (NCHEC)
- ❖ American Council on Exercise (ACE)
- ❖ American Heart Association (AHA)
- ❖ National Exercise & Sports Trainers Association (NESTA)

Volunteer Work:

- ❖ BLS CPR Instructor volunteer for the Paulding Community Emergency Response Team (CERT) through the Paulding County Emergency Management Agency
- ❖ Georgia Cares Sex Trafficking Volunteer training
- ❖ Somebody Cares Inc. of Atlanta Volunteer training
- ❖ Partnered with NMC & MUST Ministries for the “Summer Lunch” program
- ❖ Volunteered at NMC to create hygiene packages for “Days for Girls”
- ❖ Volunteered at Calvary Children’s Home
- ❖ Prepared & distributed care-packs for the homeless
- ❖ Collected & donated school and infant supplies to Bethany Christian Services