

# *Althea K. Moser M.A., CHES®*

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## ***Education:***

- ❖ Master of Arts in Health Studies (Promotion)  
University of Alabama, 2014
- ❖ Bachelor of Science in Health and Physical Education  
Kennesaw State University, 2010

## ***Certifications:***

- ❖ Certified Health Education Specialist (CHES®) from the National Commission for Health Education Credentialing Inc.
- ❖ Educator's Certification from the Georgia Professional Standards Commission
- ❖ American Heart Association BLS Instructor Certification
- ❖ Georgia Assessments for the Certification of Educators (GACE) content areas for Health and Physical Education (Exams 115 and 116)
- ❖ Group Fitness Certification from the National Exercise & Sports Trainers Association (NESTA)

## ***Experience:***

- ❖ Georgia Highlands College: Assistant Professor, Department of Kinesiology and Wellness 2015 - Present
- ❖ Kennesaw State University: Instructor, Department of Health Promotion and Physical Education 2014 - 2015
- ❖ Teasley Primary School: Health and Physical Education Teacher 2014 - 2015
- ❖ Varner Elementary School: Health and Physical Education Supply Teacher 2014
- ❖ Cobb County School District, and Paulding County School District: Substitute Teacher 2013- 2014

## ***Teaching Responsibilities:***

- ❖ PHED 1010 – Concepts of Fitness and Health 2015 –Present
- ❖ PHED 1120 – Fitness Walking and Jogging 2015 –Present
- ❖ PHED 1010w – Web Based Concepts of Fitness and Health 2016 –Present
- ❖ PHED 1020 – Cardiopulmonary Resuscitation 2016 –Present
- ❖ PHED 1120 – Weight Training for Men and Women 2016
- ❖ HPE 1000 – Fitness for Living 2014 - 2015

*Service:*

- ❖ Quest Advising Activity 3, Cohort 1 2019
- ❖ Identification of Georgia Performance Standards for Physical Education and Health linked to the PHED 1010 course for dual enrollment student credit 2019
- ❖ Served as an Honors Program Faculty Sponsor for PHED 1010 2018
- ❖ Mentored junior faculty member at orientation (shadow). 2018
- ❖ Represented department/division at the science building opening (Cartersville) 2018
- ❖ SASCO visit faculty panel interview representative and escort for Paulding 2017
- ❖ Guest speaker at the Woman 2 Woman S.E.X.E.D event about contraceptives & STI/HIV prevention in Douglasville. Twenty-two students & 4 faculty/staff members present. 2017
- ❖ Volunteered for the Greenhouse Project, Cartersville 2017
- ❖ Provided activity ideas, & equipment (tape measures, scale, bioelectrical impedance measurement units) for “Chicks Night Out” event in Douglasville organized by Dean Watjen 2017
- ❖ Successfully negotiated a textbook price with Cengage Learning to accommodate PHED 1010 MOWR students 2016-2017
- ❖ GHC HealthTrails team member. Logged 1044.4 total miles. Ranked 5/121 for GHC & 62/1000 for the all participants 2016
- ❖ Successfully negotiated a contract with American Bodyworks for a new PHED 1120 course offering in Paulding 2016
- ❖ Donations to the GHC Food Pantry 2016 - Present
- ❖ Volunteered as a CPR/AED Instructor for Saturday test days 2015 - Present
- ❖ Extra participation at Orientations, EBA, drop/add, graduation, Paulding preview day, and GHC holiday events. The only Advisor at Douglasville for the Division of Science & Physical Education (Fall 2018). 2015 - Present
- ❖ Donations to the Charger Fund 2015 - Present
- ❖ Secured a 10% discount for all students, staff & faculty at Big Peach Running Co. (Kennesaw) 2015 - Present

*Service Initiatives:*

- ❖ **Annual World AIDS Day Event Coordinator, Paulding.** 2015-Present  
Free information sessions & HIV testing has been made available to all to GHC students, faculty, staff, and the community through the annual event. Guest speakers & HIV testing materials have been recruited from the AIDS Resource Council. Partnerships through the event have been formed with the AIDS Resource Council, Douglas & Cobb Public Health, and the Paulding County Health Department. Two hundred and fifty-six total participants to-date.
- ❖ **Prevent Cancer Initiative** 2019-Present  
Eight posts will be made in GHC Inform in the 2019/2020 academic year that correspond with the type of cancer that is highlighted for a particular month in order to raise awareness and promote preventive action. The messages are also tailored to students, and sent to Student Life for dissemination to the student body to raise the profile of cancer prevention among this population. Promotional materials have been solicited from the Prevent Cancer Foundation® for this initiative, and have been distributed to all GHC sites.
- ❖ **Dimensions of Wellness for Students Initiative** 2016-Present  
In alignment with the GHC Wellness Initiative, participation in blood/plasma drives, GHC events, community service, and fitness events are offered to PHED 1010 and PHED 1130 students as extra credit opportunities each semester. A letter of thanks was received from Blood Assurance for education and advocacy efforts as a result of the initiative. Two hundred and seventy-seven participants to-date.
- ❖ **STI/HIV Initiative** 2017-2018  
Working with donations solicited from the Aids Resource Council & Someone Cares Inc. (SC1) educational materials (both in English & Spanish) & over 1000 condoms were supplied to Student Support Services for free distribution at the Paulding, Douglasville, & Marietta sites.

*Committees:*

- ❖ GHC representative for the Kinesiology Regents Academic Advisory Committee (KRAAC) 2019
- ❖ Faculty Handbook Co-Chair 2019
- ❖ Department of Kinesiology & Wellness Chair Search Committee 2019
- ❖ Associate of Applied Science development team member 2019
- ❖ Bachelor of Science in Health Science development team member 2019
- ❖ Assessment Co-facilitator for the Department of Kinesiology and Wellness 2018-Present
- ❖ QEP Action Team 2018-Present
- ❖ QEP Training Development Team 2018-Present
- ❖ Faculty Senate (two consecutive terms) 2016-2019
  - ❖ Faculty Evaluation Implementation Team sub-committee
  - ❖ Summer Pay sub-committee
  - ❖ Dean's Summit
- ❖ Division Grant Management Committee 2016
- ❖ SafeZone Initiative 2015 – Present

***Professional Development:***

**GHC:**

- ❖ Quest Advising Activity 3 Training (Cohort 1) 2019
- ❖ Applying the Quality Matters Rubric (APPQMR) Training 2019
- ❖ Navigate Training Session 2019
- ❖ Early Bird Advising and Nursing Advising training 2016-2018
- ❖ GHC Accessibility by Design Introduction Training 2016
- ❖ Faculty Academy Y1 & Y2 2015-2017
- ❖ American Heart Association: CPR/AED Instructor Training 2015
- ❖ GHC SafeZone Certification 2015
- ❖ GHC Suicide Prevention Certification 2015

**External:**

- ❖ 2019 Dialogue for Action® on Cancer Screening and Prevention Conference (National Conference – Washington D.C.) 2019
- ❖ Advocate for Health: Build on the Progress of ACA Health Education Partners 2018
- ❖ Using Social Marketing for Health Promotion and Health Education Programs Health Education Partners 2018
- ❖ Prevent Gun Violence Health Education Partners 2018
- ❖ Implement Healthy People 2020 Health Education Partners 2018
- ❖ Principles of Prevention Centers for Disease Control and Prevention 2018
- ❖ Society of Health and Physical Educators (SHAPE) Convention (National Conference – Boston M.A.) 2017
- ❖ Measuring Health Disparities (Part 1, 2, 3, & 4) - Office of Public Health Practice, University of Michigan School of Public Health 2017

- ❖ Breaking Barriers: Unpacking the Public Health Implications of Mass Incarceration - Office of Public Health Practice, University of Michigan School of Public Health 2017
- ❖ Community-Based Participatory Research: Leave Your Parachute at home - Office of Public Health Practice, University of Michigan School of Public Health 2017
- ❖ Economic Evaluation of Public Health - Office of Public Health Practice, University of Michigan School of Public Health 2017
- ❖ Media-Smart Youth: Eat, Think and Be Active! - National Institute of Child Health & Human Dev. (NICHD) 2016
- ❖ Online Course Development Workshop - Center for Excellence in Teaching & Learning, Kennesaw State University 2015

### ***Grants Awarded:***

- ❖ Lead Team Member for the successful ALG Mini Grant for Creation of Ancillary Materials for pre-existing OER (PHED 1130). Grant Award \$4800.00 2019
- ❖ GHC Faculty Grant Scholarship Recipient. Grant Award \$1500 2019
- ❖ Lead Team Member for the successful ALG Mini Grant for Creation of Ancillary Materials for pre-existing OER (PHED 1010). Grant Award \$4800.00 2018
- ❖ Team member for the successful ALG Textbook Transformation Project (PHED 1010 and PHED 1130) Grant Award \$30, 000.00 2017

### ***Honors:***

- ❖ SafeZone Certificate of Excellence – for excellence in advocacy and education as a SafeZone Ally. Featured in the Spring/Summer 2017 Highlander magazine. 2017

### ***Professional Organizations:***

- ❖ American Council on Exercise (ACE) 2019
- ❖ National Commission for Health Education Credentialing (NCHEC) 2014 – Present
- ❖ American Heart Association (AHA) 2006 - Present
- ❖ National Exercise & Sports Trainers Association (NESTA) 2006 - Present

***Volunteer Work:***

- ❖ Hiram HS Theatre Arts Program volunteer 2018-Present
- ❖ Dallas Theatre volunteer 2018
- ❖ Georgia Cares Sex Trafficking Volunteer training 2017
- ❖ Somebody Cares Inc. of Atlanta Volunteer training 2017
- ❖ Partnered with NMC & MUST Ministries for the “Summer Lunch” program 2017
- ❖ Volunteered at NMC to create hygiene packages for “Days for Girls” 2017
- ❖ Volunteer at Calvary Children’s Home 2017
- ❖ Prepared & distributed care-packs for the homeless 2016 - Present
- ❖ Collected & donated school and infant supplies to Bethany Christian Services 2016